

There will be a change of menu on the following days:

**14th June 2017** - The pudding will be Strawberries & ice cream for Berry Day.

**30th November 2017** - The red choice will be Corned Beef Stovies for St Andrew's Day.

**25th January 2018** - The red choice will be Haggis for Burns Day.

**13th February 2018** - Lentil soup will be replaced by Pancakes for Pancake Day.

# SCHOOL MENU

2017/18



"What did you do after school today?"  
"I played for the school netball team."

For more information on school sport opportunities in your area please visit [www.activeschoolstaysideandfife.org.uk](http://www.activeschoolstaysideandfife.org.uk)

\*Tayside Contracts do not use any nuts, peanuts or sesame seeds in any dishes. Some ingredients may contain traces of these if they are produced in premises where these are present.

Please note that this menu will begin on week 3 after the Easter break.

FREE SCHOOL MEALS FOR P1-3'S



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b> 1st May 29th May 26th June 21st August 18th September 16th October 13th November 11th December 8th January 5th February 5th March	<b>Chicken Curry</b> Fishcake Hot Dog Roll (V) Ham Sandwich  Rice Pasta Peas  Ice-Cream with Fruity Sauce & Wafer	<b>Oven Baked Sausages in Gravy</b> BBQ Chicken Macaroni Cheese (V) Roast Beef Sandwich  Mashed Potatoes Pasta Broccoli  Tiffin	<b>Traditional Mince</b> Fish Goujons Cheese & Tomato Pizza (V) Chicken Mayo Wrap  Boiled Potatoes Peas  St Clements Sponge with Custard	Cream of Chicken Soup Fruit Selection  <b>Beef Burger Roll</b> Tortilla Chicken Lasagne VegeBalls with BBQ Sauce (V) <b>Tuna Mayo Sandwich</b>  Rice Diced Potatoes Carrots	<b>Baked Bean Baked Potato</b> Breaded Fish Savoury Rice (V) <b>Turkey Roll</b>  Chips Baked Beans Mixed Vegetables  Chocolate Muffin
<b>WEEK 2</b> 8th May 5th June 28th August 25th September 23rd October 20th November 18th December 15th January 12th February 12th March	<b>Meatballs in a Tomato Sauce</b> Chicken & Gravy Pie Macaroni Cheese (V) Ham Sandwich  Boiled Potatoes Carrots  Banoffee Sponge	Lentil Soup Fruit Selection  <b>Bolognese Mince</b> Fish Fingers Curried Quorn Wrap (V) <b>Cheese Mayo Roll</b>  Pasta Roast Potatoes Broccoli	<b>Roast Beef, Gravy &amp; Yorkshire Pudding</b> Moroccan Chicken Cheese & Tomato Pizza (V) <b>Turkey Sandwich</b>  Rice Mashed Potatoes Peas  Caramel Shortbread	<b>Chicken Burger Roll</b> Pork Casserole Vegetable Frittata (V) <b>Tuna Mayo Wrap</b>  Diced Potatoes Sweetcorn  Chocolate Brownie with Custard	<b>Oven Baked Sausages</b> Breaded Fish Broccoli Pasta Bake (V) <b>Chicken Roll</b>  Chips Baked Beans Peas  Rice Pudding with Mandarins
<b>WEEK 3</b> 17th April 15th May 12th June 4th September 2nd October 30th October 27th November 22nd January 19th February 19th March	<b>Turkey Burger Roll</b> Fish Pie Quorn, Gravy & Yorkshire Pudding (V) <b>Cheese Sandwich</b>  Diced Potatoes Peas & Sweetcorn  Chocolate Cookie	<b>Sausages with Gravy</b> Savoury Chicken Rice Cheese & Tomato Pizza (V) <b>Turkey Sandwich</b>  Mashed Potatoes Pasta Broccoli  Waffles with Peaches	<b>Steak Pie</b> Fish Goujons Vegetable Curry (V) Coronation Chicken Wrap  Boiled Potatoes Rice Carrots  Lemon Drizzle Sponge with Custard	Lentil Soup Fruit Selection  <b>Chicken Nuggets</b> Mild Beef Chilli Macaroni Cheese (V) <b>Tuna Mayo Sandwich</b>  Roast Potatoes Rice Mixed Vegetables	<b>Sweet n Sour Chicken</b> Breaded Fish Cheese & Potato Cake (V) <b>Ham Roll</b>  Chips Rice Peas  Cheese with Crackers
<b>WEEK 4</b> 24th April 22nd May 19th June 14th August 11th September 6th November 4th December 29th January 26th February 26th March	<b>Sausage Roll</b> Tuna Mayo Baked Potato Tomato Pasta (V) <b>Turkey Sandwich</b>  Mashed Potatoes Baked Beans Sweetcorn  Shortbread	<b>Chinese Chicken Curry</b> Fish Fingers VegeBall Wrap (V) <b>Cheese Roll</b>  Rice Diced Potatoes Green Beans  Chocolate Brownie	<b>Cottage Pie</b> Creamy Ham Pasta Cheese & Tomato Pizza (V) <b>Chicken Sandwich</b>  Pasta Garlic Bread Broccoli  Jelly with Fruit	Winter Vegetable Soup Fruit Selection  <b>Beef Burger in a Roll</b> Sweet Chilli Chicken Vegetable Nuggets (V) <b>Tuna Mayo Wrap</b>  Roast Potatoes Rice Carrots	<b>Chicken Fajita</b> Breaded Fish Macaroni Cheese (V) <b>Ham Sandwich</b>  Chips Peas  Pear & Honey Muffin

**Available Daily**  
Vegetables and potatoes, rice or pasta +  
A selection from the salad bar +  
Homemade bread

**Soup Days**  
Freshly made soup or fruit selection  
  
**Puddings**  
Sweet of the day or Fresh fruit or Fruit yoghurt

**Drinks**  
A glass of milk or Water

Visit our fully interactive menu online at [www.tayside-contracts.co.uk/school-catering.cfm](http://www.tayside-contracts.co.uk/school-catering.cfm)